

## FULL-BODY PEELING WITH ALPINE HERBS

This mineral-rich herbal peeling helps remove dead skin cells, detoxifies, cleanses the skin, and stimulates blood circulation.

25 MIN - € 45,00

50 min - € 80,00 (includes partial massage)

## RASUL - PRIVATE STEAM BATH

We will accompany you to your private Rasul cabin, where you can apply a seaweed body wrap to each other, helping your body to cleanse and relax.

Minimum 2 persons 60 min. | € 57,00

for 3 persons 60 min. | € 70,00

for 4 persons 60 min. | € 85,00

*“Let us pamper you – treat yourself to an exclusive break of relaxation and well-being in our spa.”*

## DEPILATIONS AND EXTRA TREATMENTS

Leg (to knee) 30 min. | 38 €

Whole leg 40 min. | 45 €

Armpits 15 min. | 15 €

Bikini area 30 min. | 38 €

Upper Lip 15 min. | 15 €

Tinting of eyelashes 15 min | 15 €

Tinting of eyebrows 15 min. | 15 €

Eyebrow correction 15 min | 15 €

## FOR LITTLE PRINCESSES AND PRINCES

Coconut- or Choclateoil-Massage

25 min. | 35 €

Magical hands

25 min. | 25 €

Facial Treatment for Teenagers

50 min. | 55 €

## SOLARIUM

SOLARIUM FACE | 10 MIN - €10,00

SOLARIUM WHOLE BODY | 15 MIN - €18,00



# OPENING HOURS

**Pool** 8:00 a.m. to 7:00 p.m.

**Sauna area:** 2:00 p.m. to 7:00 p.m.

**Massages and Treatments:**

2:00 p.m. to 7:00 p.m.

(Treatments outside opening hours subject to availability)



## AUFGUSS

Held in our garden sauna. You can find the infusion times on the notice boards at the reception and in the wellness area.



## FOR FREE ACQUAGYM

Every Monday and Friday  
from 8:00 to 8.30 am

**ATTENTION:** Our SPA is a space dedicated to well-being, silence, and privacy. To preserve the tranquility of all guests, we kindly ask you not to bring mobile phones or electronic devices into the relaxation area. For hygiene reasons, please shower before treatments, remove any jewelry.

Cancellations made up to 6 hours before the appointment are free of charge. After this period, 70% of the total treatment cost will be charged.



**FELDMILLA**  
CAMPO TURES



GERTRAUD  
GRUBER  
KOSMETIK KULTUR

# MASSAGE & BEAUTY

**Take your well ness time**

# Facial Treatments by Gertraud Gruber

## For Men and Women



### CLASSICAL FACIAL TREATMENT

50 MIN-€ 75,00

Facial care with peeling, cleansing, mask (depending on skin type), massage, and day care.

### FACIAL TREATMENT SYMPHONIE

80 MIN-€ 120,00

A premium facial treatment with active ingredients. Includes a "Tension-Line Massage" with a lifting effect and a skin-smoothing "Push-Up" treatment.

### FACIAL TREATMENT PHYTO

80 MIN-€ 110,00

The highlight of this facial is the phyto pack, made purely from plant extracts. According to your skin type, we select the appropriate pack: Anti-Age, Sensitive, or Clearing.

### HANDS AND FEET

#### Manicure

50 min. | € 48,00

with nail polish € 52,00

#### Pedicure

50 min. | € 58,00

with nail polish € 62,00



## Massages

### CLASSICAL MASSAGE

Partial (back or legs)      Full body

25 MIN-€ 45,00      50 MIN-€ 75,00

It helps to relieve muscle tension, stimulates blood circulation, and reduces stress.

### RELAXING AROMAOIL-MASSAGE

Partial (back or legs)      Full body

25 MIN-€ 50,00      50 MIN-€ 80,00

Relaxing full-body massage with warm oil and essential oils from Bergila.

### HEAD-FACE AND NECKMASSAGE

25 MIN - € 45,00

Fights stress and can relieve migraines.

### LYMPHATIC LEG DRAINAGE

25 MIN - € 45,00

Relieves congestion, drains excess fluids, and supports detoxification.

### SPORTMASSAGE

Partial (back or legs)      Full body

25 MIN-€ 50,00      50 MIN-€ 80,00

A slightly more intense massage, especially after sports. The Arnica-Pine lotion from Bergila provides more ease for muscle soreness and tension.

### FOOT ZONE MASSAGE

25 MIN - € 45,00

50 MIN - € 75,00 (combined with back massage)

All organs are reflected in the sole of the foot. By pressing specific points, the organs are stimulated and the muscles are relaxed and overall well-being is promoted.

### SPECIAL-BACK MASSAGE

50 MIN - € 80,00

A combination of cupping, hot roll therapy, and massage with St. John's wort oil and arnica and mountain pine lotion, to reduce muscle tension and relieve pain.

### HOT STONE

50 MIN - € 80,00

Massage with hot lava stones for deep relaxation and well-being.

### ANTI-CELLULITE MASSAGE FOR LEGS

25 MIN - € 50,00

Targets cellulite and improves skin tone.

### COUPLE MASSAGE

25 MIN-€ 90,00

50 MIN - € 150,00

A classical massage for two people, performed simultaneously in the same room, to enjoy the rest of the day together.

### BOOK YOUR WELLNESS-MOMENT

DIRECTLY FROM YOUR ROOM

(Nr. 9) OR AT THE RECEPTION

## Body Treatments

### ALPINE BALANCE

80 min - € 120,00

A ritual by Gertraud Gruber featuring natural active ingredients. Includes an alpine herbal peeling, a gentle brush massage with goat hair to stimulate lymphatic flow, and a nourishing body wrap with Alpine Balance body butter. Effectively reduces cellulite and stimulates metabolism.

### ANTI-CELLULITE TREATMENT FOR LEGS AND BUTTOCKS

75 MIN - € 115,00

Peeling, anti-cellulite massage for legs and buttocks, and seaweed wrap. This treatment promotes blood circulation, renews cells, detoxifies, and firms the skin.

### HAY BATH WITH MASSAGE

50 MIN - € 87,00

Sweating in hay promotes detoxification, relieves muscle pain, helps prevent rheumatic complaints, and strengthens the immune system.

### ALGAE WRAP

25 MIN - € 45,00

50 MIN - € 80,00 (with partial massage)

The algae wrap is applied to targeted areas and is ideal for cellulite. It has decongestant and anti-inflammatory effects and relaxes the muscles.