



SPA HOURS

Pool: from 8:00 a.m. to 7:00 p.m.
Spa area: from 2:00 p.m. to 7:00 p.m.

Massages and treatments:

from 2:00 p.m. to 7:00 p.m.

BOOK YOUR WELLNESS EXPERIENCE

COMFORTABLY FROM YOUR ROOM
(☎ NR. 9) OR AT THE RECEPTION

Good to know...

The spa, pool, and sauna are located on floor -1.

Sauna towels and flip-flops can be found in the spa bag in your room.

PLEASE NOTE: To ensure a peaceful atmosphere for all guests, we kindly ask you not to bring mobile phones or electronic devices into the relaxation area.

For hygiene reasons, we also ask you to take a shower before any treatment and not to wear jewelry.

Cancellations made up to 6 hours before the appointment are free of charge.

After this time, 70% of the total treatment cost will be charged.



MASSAGES AND TREATMENTS

TREAT YOURSELF TO
A RELAXING BREAK

MASSAGES

CLASSIC

Partial (back or legs) Full body
25 MIN - € 40,00 50 MIN - € 70,00
Helps relieve muscle tension, stimulates blood circulation, and reduces stress.

RELAXING WITH ESSENTIAL OILS

Partial (back or legs) Full body
25 MIN-€ 45,00 50 MIN- € 75,00
Relaxing massage enriched with your choice of "Bergila" essential oil.

FACE-HEAD-NECK

25 MIN - € 40,00
Effective in reducing stress and relieving migraine symptoms.

FULL LYMPHATIC DRAINAGE

50 MIN - € 70,00
Draining and decongesting treatment designed to promote fluid drainage and stimulate detoxification.

SPORTSMASSE

Partial (back or legs) Full body
25 min - € 45,00 50 min - € 75,00
Intensive massage, especially recommended after physical exertion. The arnica and mountain pine rub by "Bergila" provides relief from muscle pain and tension.

FOOT MASSAGE

25 MIN - € 40,00 (feet only)
50 MIN - € 70,00 (with back massage)
By applying pressure to specific points, it is possible to directly stimulate all organs of the body.

BABY MOON

50 MIN - € 70,00
Relaxing massage dedicated to expectant mothers, designed to relieve tension and provide deep well-being during pregnancy.
• From the 4th month onwards.

MASSAGES

LEG DRAINAGE

25 MIN - € 40,00
Draining massage that stimulates circulation.

CLASSIC COUPLE MESSAGE

Partial (back or legs) Full body
25 MIN - € 80,00 50 MIN - € 140,00
Classic massage for 2 people (in the same treatment room), to enjoy the rest of the day together.

HOT STONE

50 MIN - € 75,00
Hot stone massage to relieve muscle tension and promote total relaxation.

FOR LITTLE PRINCESSES AND PRINCES

Chocolate oil massage
25 min. - € 35,00

FACIAL TREATMENTS



FELDMILLA FACIAL TREATMENT

50 MIN - € 75,00
Facial treatment including peeling, cleansing, massage, a mask tailored to your skin type, and application of day cream.

SOLARIUM

SOLARIUM FACE
10 MIN - € 10,00

SOLARIUM FULL BODY
15 MIN - € 18,00



BODY TREATMENTS

ALPINE BALANCE DETOX TREATMENT

80 min - € 110,00
Gertraud Gruber balancing ritual with natural alpine flower extracts. Includes an alpine salt scrub, a goat-hair brush massage to stimulate metabolism, and a body wrap with Alpine Balance body butter.

REGENERATING TREATMENT

75 MIN - € 105,00
Scrub, massage, and green clay body wrap. Stimulates circulation and renews the cells with a regenerating effect.

GREEN CLAY BODY WRAP ON THE HAMMAM TABLE

25 min - € 45,00
50 min - € 80,00 (with partial massage)
Relieves muscle pain, has an anti-inflammatory effect, stimulates circulation, and detoxifies the skin.

RASUL – PRIVATE STEAM BATH

We will accompany you to your private Rasul steam bath, where you can apply the mud wrap to each other, promoting body purification and relaxation.
Minimum 2 people 60 min. - € 57,00
For 3 people 60 min. - € 70,00
For 4 people 60 min. - € 85,00

"Let yourself be pampered and enjoy a moment of pure relaxation and well-being."

HANDS AND FEET

Manicure
50 min. - € 48,00
with nail polish - € 52,00

Pedicure
50 min. - € 58,00
with nail polish - € 62,00

